



Annual report  
**LUPUS FOUNDATION  
OF AMERICA,  
INDIANA CHAPTER**

## BOARD LETTER



Dear Lupus Community,

2016 brought new programs and improvements to current fundraisers and internal processes for Lupus Foundation of America, Indiana Chapter. The year started with our annual strategic planning session in January where our board once revisited and reconfirmed our three foundational goals; increasing and diversifying revenue, increasing public awareness of both lupus and the foundation, organizational capacity building.

The board looks forward to the work in Year Two of the 2016-19 Strategic Plan. The growth of many new initiatives for stakeholders, a surge in grants revenue and renewed emphasis on capacity development are on the horizon.

**Dr. Camie Wright**  
Chairman of the Board, 2017  
Lupus Foundation of America, Indiana Chapter

## ABOUT LFA INDIANA CHAPTER



There has been enormous progress in recent years in understanding the biology of lupus.



Numerous new approaches to treatment are under development and/or investigation



Increased knowledge about lupus has improved management of the disease.



Today, people with lupus are leading healthier lives and living longer than ever before.

Since 1987, the Indiana Chapter has been dedicated to improving the quality of life for all people affected by lupus through programs of research, education and advocacy

## 2016 HIGHLIGHTS



**Increased** and **diversified** revenue; successfully negotiated a title corporate sponsor for 2016 – **Hancock Regional Hospital** – and explored new DIY and third-party fundraising platforms.

### Indianapolis Walk

corporate sponsors were increased in 2016: **3** new corporate sponsors joined the cause for our Indianapolis Walk.

Hosted **“Living with Lupus”** symposiums in Greenfield, Evansville, and Indianapolis focusing on the topics of **pain management** and **relief of stress** through either yoga or tai chi.



**Increased** followers on **social media** and **increased** the number of stakeholders receiving monthly electronic newsletters.

## 2016 HIGHLIGHTS



Five Central Indiana buildings (the **Alexander Hotel**, the **Indiana State Museum**, the **Indianapolis Zoo’s Beacon of Hope**, the campus of **Hancock Regional Hospital** and the Fountain at the Executive Center for **Eli Lilly and Company**) lit their exteriors purple in May to support lupus awareness. Additionally, the Channel 4 morning team wore purple in support of **Put on Purple Day**.

Through the **Patient Access Coalition** policy group, we re-committed to **advocacy efforts** and reporting on important **issues** to the lupus community.

**Fourteen new facilitators** were trained in 2016 with an addition of three **Living with Lupus support groups** — including a separate group for youth affected by lupus at the Indy South location.

## PATIENT PROGRAMS & INITIATIVES

### Lupus Information Line

The LFA receives hundreds of calls annually from individuals requesting information. The toll-free number is 1-888-NO-LUPUS. Health educators are standing by to answer questions. The LFA national website ([www.lupus.org](http://www.lupus.org)) assists thousands of visitors each year and has a patient navigator who is a nurse to help patients through their lupus journey.

### LupusConnect™

An online lupus community where individuals with lupus and their loved ones can engage with others like them to share experiences, find emotional support and discuss practical insights for coping with the daily challenges of the disease. It's an easy-to-use, online platform that encourages its community members to ask questions, reply to posts and read about others' experiences in a safe and comforting community. <https://resources.lupus.org/media/lupusconnect>

### Public Awareness

The LFA creates awareness by placing public services announcements on broadcast networks, cable and satellite channels and in major newspapers and magazines. We also conduct outreach through social media channels. The LFA also works with producers, editors, writers and reporters to increase the exposure for lupus

through the news and media. Our Chapter celebrates 'Put on Purple' day during Lupus Awareness Month in May to help rally public support to solve the cruel mystery of lupus.

### Research

The LFA National Medical Council solicits research proposals from hundreds of medical centers, universities and research institutions. Each year the Council selects several projects for funding. The Foundation seeks innovation and promising new research ideas that someday may lead to the cure for lupus. Our national research program has a unique three-pronged strategy: lead special initiatives, fund researchers, and advocate for expanded investment.

### Advocacy Efforts

We advocate on behalf of all people with lupus, their families, and the health professionals who care for them. We educate government officials and industry leaders on the urgent need to expand public and private investment in lupus research, education programs, and support services. During our National Lupus Advocacy Summit in June each year hundreds of lupus activists from across the country travel to Washington, D.C. to tell their stories and educate Members of Congress on the importance of and need to increase federal funding for lupus research and programs.

## PATIENT PROGRAMS & INITIATIVES

### Federal and State Relations

The federal government is an important partner with the LFA in the search for new knowledge about lupus. The LFA works in partnership with the Department of Health and Human Services and the National Institute of Health to stimulate medical research. We will continue to advocate for expansion of lupus research, education and awareness programs. In recent years, the Indiana Chapter has received a Governor's Proclamation designating the month of May as Lupus Awareness Month and partnered with the Indiana State Department of Health to host the 'Put on Purple' awareness event.

### Fundraising Events

Our Chapter hosts fundraising events throughout the year to enable us to provide support, education, build awareness and advocate for our constituents. A portion of all funds raised by our Chapter fundraising events is donated to the LFA national research program. Our Chapter organizes one significant Walk to End Lupus Now™ event in Indianapolis each Fall. In the Spring, our Chapter presents 'A Tasteful Affair' gala, a food, beer, and wine tasting event complete with a silent and live auction. Our Chapter is also fortunate to be the recipient of funds raised by third-party fundraisers organized by our dedicated supporters.

### Support Groups

Lupus support groups are held throughout the state of Indiana. Currently, twelve support groups meet monthly, including an online support group launched in 2017, and are facilitated by trained support group leaders. The philosophy of LFA support groups is to provide a warm and caring environment where people with lupus, their family members, caregivers, and loved ones can share their experiences, methods of coping, and insights into living with lupus. LFA support groups provide a comfortable learning environment to help develop the best coping strategies to reduce stress that often accompanies living with a chronic illness.

### Yoga and Tai Chi Classes

We are excited to offer yoga and tai chi classes. Yoga meets on the 1st Tuesday of the month, and tai chi meets on the 4th Wednesday of the month. Both classes meet from 6:30-7:30 pm. There is no cost associated with these classes but they are available only for people with lupus and one caregiver/support person. Register online at [www.lupusindiana.org](http://www.lupusindiana.org).

## PATIENT PROGRAMS & INITIATIVES

### Educational Symposium

Full-day symposiums featuring national and state medical experts and other professional resources to help educate attendees on managing life and living well with lupus. All lupus patients, caregivers, family, friends, and healthcare professionals are invited to attend. This symposium also provides networking time, giving attendees an opportunity to interact with one another and develop new friends.

### “Ask the Experts”

**Teleconferences** “Ask the Experts” is a series of live educational teleconferences and pre-recorded webcasts on a variety of topics designed to provide participants with important information about living with lupus. Participants learn from some of the world’s leading lupus experts from the privacy of their homes. This series is offered as a free service of the Lupus Foundation of America, Indiana Chapter.

### Information and Educational Materials

The LFA is the leading source of the most accurate and latest information about lupus in the country. We are vigilant for all new data received on lupus so that we can share it with those in the lupus arena so that they are better equipped with

knowledge about lupus. In 2017 the National Resource Center on Lupus was launched (<http://www.resources.lupus.org/>). Our Chapter disseminates packets of lupus materials upon request. We maintain a list of rheumatologists in the state of Indiana and routinely communicate with these rheumatologists on available Chapter resources.

### Newsletters and Publications

In addition to the national LFA newsletter, our Chapter publishes a monthly eNewsletter that is sent to our Chapter mailing list. This is the most efficient and cost-effective way of communicating with those we serve.

**Website** We continue to strive to make our website ([www.lupusindiana.org](http://www.lupusindiana.org)) efficient and a valuable source of information, including downloadable educational documents, links to other resources, lupus frequently asked questions, and information on programs and events. The National LFA site ([www.resources.lupus.org/](http://www.resources.lupus.org/)) are also very valuable resources.

### Lupus Research Registry™

Enables individuals to indicate their interest in participating in lupus clinical studies in their local area.

## SECTION NAME



### REPORT ON THE FINANCIAL STATEMENTS

We have audited the accompanying financial statements of Lupus Foundation of America - Indiana Chapter, Inc. (Lupus) which comprise the statements of financial position as of December 31, 2016 and 2015, and related statements of activities, functional expenses and cash flows for the years then ended, and the related notes to the financial statements.

### MANAGEMENT’S RESPONSIBILITY FOR THE FINANCIAL STATEMENTS

Management is responsible for the preparation and fair presentation of these financial statements in accordance with accounting principles generally accepted in the United States of America; this includes the design, implementation, and maintenance of internal control relevant to the preparation and fair presentation of financial statements that are free from material misstatement, whether due to fraud or error.

### AUDITOR’S RESPONSIBILITY

Our responsibility is to express an opinion on these financial statements based on our audits. We conducted our audits in accordance with auditing standards generally accepted in the United States of America. Those standards require that we plan and perform the audits to obtain reasonable assurance about whether the financial statements are free of material misstatement.

An audit involves performing procedures to obtain audit evidence about the amounts and disclosures in the financial statements. The procedures selected depend on the auditor’s judgment, including the assessment of the risks of material misstatement of the financial statements, whether due to fraud or error. In making those risk assessments, the auditor considers internal control relevant to Lupus’ preparation and fair presentation of the financial statements in order to design audit procedures that are appropriate in the circumstances, but not for the purpose of expressing an opinion on the effectiveness of Lupus’ internal control. Accordingly, we express no such opinion. An audit also includes evaluating the appropriateness of accounting policies used and the reasonableness of significant accounting estimates made by management, as well as evaluating the overall presentation of the financial statements.

We believe that the audit evidence we have obtained is sufficient and appropriate to provide a basis for our audit opinion.

### OPINION

In our opinion, the financial statements referred to above present fairly, in all material respects, the financial position of Lupus as of December 31, 2016 and 2015, and the results of its operations and its cash flows for the year then ended in accordance with accounting principles generally accepted in the United States of America.

Lemler Group, LLC  
Indianapolis, Indiana

# STATEMENTS OF FINANCIAL POSITION

December 31, 2016 and 2015

CURRENT ASSETS		
	2016	2015
Cash and cash equivalents	\$171,612	\$263,360
Accrued receivable	1,020	1,478
<b>Total current assets</b>	<b>172,632</b>	<b>264,838</b>
<b>Fixed Assets</b>		
Equipment	5,098	5,098
Furniture	2,000	2,000
<b>Total fixed assets</b>	<b>7,098</b>	<b>7,098</b>
Accumulated Depreciation	(6,488)	(6,034)
<b>Net fixed assets</b>	<b>610</b>	<b>1,064</b>
<b>Long Term Assets</b>		
Security deposit	600	600
Investments	61,060	56,511
Total long term assets	61,660	57,111
<b>Total Assets</b>	<b>\$234,902</b>	<b>\$323,013</b>
<b>LIABILITIES AND NET ASSETS</b>		
<b>Liabilities</b>		
Accounts payable	\$10,392	\$2,529
Accrued payroll and payroll taxes	7,073	7,024
Loan from National Lupus	-	4,375
<b>Total current liabilities</b>	<b>17,465</b>	<b>13,928</b>
<b>Total Liabilities</b>	<b>17,465</b>	<b>13,928</b>
<b>Net Assets</b>		
Unrestricted net assets	217,437	309,085
Temporarily restricted net assets	-	-
Total Net Assets	217,437	309,085
<b>Total Liabilities and Net Assets</b>	<b>\$234,902</b>	<b>\$323,013</b>

# IMMEDIATE IMPACT OF A GIFT



# 2016 WALK TO END LUPUS NOW

## CROWN POINT SPONSORS

Strack & Van Til Food Market  
Eli Lilly and Company  
Bone and Joint Specialists  
PrintSolutions, Inc.  
St. Helen's Philoptochos, Chapter #2034  
Griffith Tri Kappa  
Lakeshore Public Television  
City of Crown Point, Indiana  
Commercial Cooling & Heating, Inc.  
NW Indiana Times/Times Media  
Walgreens  
Bosak Motors  
Pickett & Associates  
Just Bounce  
Lamar  
Guaranteed Rate  
McAfee Animal Hospital  
Earl's Heating & Air Conditioning  
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Taft Stettinius & Hollister, LLP  
Netlogx  
Gregory & Appel  
Hancock Regional Hospital  
MHS  
Shalom Health Center

# 2016 BOARD AND STAFF



## 2016 BOARD MEMBERS

Karen Deno, Chair  
Mary Barnard, Co-Chair  
Ronda Hite, Treasurer  
Tonya Sullivan, Secretary  
Marti Brown  
Terry Cala  
Steve Evans  
Amy Higdon  
Joann Ingulli-Fattic  
Jean Leroux Guillen  
Sharon Reed  
Camie Wright

## 2016 STAFF

Morgan McGill,  
Chief Executive Officer  
Lisa Kelly, Business Manager  
Debbie Campbell, Patient Programs  
& Volunteer Coordinator  
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### Chapter Mission Statement

The Lupus Foundation of America, Indiana Chapter, is dedicated to improving the quality of life for all people affected by lupus through programs of research, education, and advocacy.

### Vision Statement

The Lupus Foundation of America envisions a world without lupus. The organization will advance the science and medicine of lupus to find a cure and improve the quality of life for all people affected by lupus.



**WHAT WILL  
2017  
BRING?**